



Senior and Veteran Female Field Records

Last Updated: **30/09/19**

Final

Equal or better than BMAF medal standards

High Jump	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Isabelle Cain-Daley	1.76		Nuneaton	23/05/15
Senior	Amanda Evans	1.60		Tamworth	27/05/12
W35	Emma Bexson	1.20	83.3	Stourport	01/05/2014
W40	Paula Williams	1.3	95.6	Nuneaton	01/09/13
W45	Sarah Bland/Paula	1.35	105.5	Solihull/Tamworth	02/05/09
W50	Sarah Bland	1.25	103.3	Stourport	01/05/2014
W55	Elaine Ledden	1.15	100.9	Solihull	01/09/18
W60	Christine Coote	1.15	106.5	Tamworth	10/09/17
W65					
W70					
Long Jump	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Kaili Woodward	5.34		Nuneaton	26/05/19
Senior	Imogen Green	5.32		Brierley Hill	04/06/16
W35	Kelly Milner	4.17	93.7	Worcester	30/07/2014
W40	Paula Williams	4.61	110.6	Nuneaton	04/09/16
W45	Paula Williams	4.76	122.1	Stourport	06/05/18
W50	Sarah Bland	3.93	108.0	Stourport	31/05/2014
W55	Elaine Ledden	3.26	96.2	Redditch	09/06/19
W60	Christine Coote	3.04	96.5	Nuneaton	09/06/19
W65	Cindy Brittan	1.75	60.3	Stourport	28/04/16
W70	Jan Turner	2.22	76.6	Worcester	31/07/19
Triple Jump	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Emily Madden Forman	11.57		Grangemouth	18/07/15
Senior	Amanda Evans	11.14		Tamworth	27/05/12
W35	Emma Bexson	5.73	63.0	Stoke	29/05/2013
W40	Paula Williams	10.11	117.6	Redditch	29/07/15
W45	Paula Williams	10.27	127.6	Nuneaton	04/06/17
W50	Sarah Bland	8.98	118.2	Leamington	25/06/2014
W55	Elaine Ledden	7.47	104.5	Stratford	03/07/19
W60	Christine Coote	6.10	91.0	Redditch	29/07/15
W65	Kate Sergent	3.84	61.9	Worcester	25/07/18
W70					
Pole Vault	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Sarah Bland	1.90		Leamington	07/06/2009
Senior					
W35					
W40					
W45	Sarah Bland	1.90	86.4	Leamington	07/06/2009
W50	Sarah Bland	1.70	83.3	Telford	07/06/14
W55					
W60					
W65					
W70					
Shot	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Paula Williams	11.24		Stratford	08/09/19
Senior	Imogen Green	10.04		Sheffield	27/02/13
W35	Yvonne Caswell	6.18	71.9	B'ham	09/06/2013
W40	Paula Williams	10.37	124.9	Brierley Hill	03/07/16
W45	Paula Williams	11.24	144.1	Stratford	08/09/19
W50	Rachel Clark	7.86	100.1	Nuneaton	17/07/19
W55	Elaine Ledden	6.34	87.4	Nuneaton	17/07/19
W60	Christine Coote	6.8	102.3	Worcester	31/07/19
W65	Cindy Brittan	4.78	81.0	Worcester	25/07/18
W70	Jan Turner	3.5	67.3	Nottingham	31/08/19

Discus	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Lindsey Gittus	27.69			25/05/2002
Senior	Amanda Evans	21.82		Coventry	08/06/14
W35	Emily Adams	13.83	53.2	Leamington	25/06/2014
W40	Paula Williams	17.21	71.7	Stoke	07/07/2013
W45	Paula Williams	24.41	110.5	Coventry	06/07/19
W50	Elizabeth Crabtree	23.25	113.4	Sutton Coldfield	03/08/19
W55	Elaine Ledden	11.56	62.2	Solihull	01/09/18
W60	Christine Coote	13.67	79.9	Nottingham	31/08/19
W65					
W70					
Javelin	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Paula Williams	38.65		Malaga	11/09/18
Senior	Imogen Green	34.4		Stoke	04/08/13
W35	Emma Bexson	13.41	50.6	B'ham	09/06/2013
W40	Paula Williams	28.2	117.5	Tipton	07/08/16
W45	Paula Williams	38.65	174.9	Malaga	11/09/18
W50	Sarah Bland	18.87	89.9	Corby	06/06/15
W55	Elaine Ledden	10.1	52.9	Leamington	07/08/19
W60	Christine Coote	11.68	63.1	Redditch	05/06/19
W65	Cindy Brittan	8.02	44.6	Redditch	29/07/15
W70					
Hammer	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Paula Williams	23.35		Solihull	28/06/17
Senior	Amanda Evans	19.39		Brierley Hill	04/06/16
W35	Emma Bexson	11.60	43.6	Leamington	25/06/2014
W40					
W45	Paula Williams	23.35	102.4	Solihull	28/06/17
W50	Sarah Bland	24.69	117.6	Redditch	15/05/16
W55	Elaine Ledden	12.96	66.8	Nottingham	31/08/19
W60	Christine Coote	14.93	78.6	Solihull	01/09/18
W65	Cindy Brittan	7.72	43.4	Worcester	30/08/15
W70					
Heptathlon	Name	Dist/Ht	% UK std	Location/ Meeting	Date
Open	Imogen Green	4796pts		Stoke	04/08/13
Senior	Imogen Green	4796pts		Stoke	04/08/13
W35					
W40					
W45					
W50					
W55					
W60					
W65					
W70					